



May 14, 2021

A Message From Kathy:

Has this ever happened to you when your child gets in the car after school? You are so excited to see them and curious about their day you are almost bursting with questions, so you get started:

"Hey! How was school today?"

"Good." Your child says already grabbing a book or snack.

...and the conversation is over.

Talking to your child daily about school is a great opportunity for your child to know that you care about their day. It also gives you insights to their peer relationships, school concerns and more. Study after study shows that opening up about your joys, frustrations and victories is important for your child to build self-esteem. When children put their emotions into words, and openly share how they feel, they activate the parts of the brain that deal with self control. Parents, scientists and educators all agree on the importance of talking to children about their days at school.

Some children happily answer questions, and easily open up on their own, while other children need some encouragement to start sharing. The goal in asking questions should be to have fun and enjoy each other. Keep in mind that some kids need to decompress for a little bit after school as they have been working hard academically and socially/emotionally all day.

"I love hearing about your day, I can't wait to talk about it." Lets your child know that you are interested and gives them permission to share when they are ready. Follow your child's lead on when to start the conversation.

The following is a mix of questions for kids that are fun and open-ended to strike up conversations and find out what is on your child's heart and mind:

- What was your favorite part of school today?
- What activity did you like the most today? And the least?
- If you could do any moment over at school today, what would it be?
- Which activity/assignment made you feel most confident today?
- What made you smile today?
- If you could change ONE thing about your school what would it be?
- What is something your teacher said to you today that you are still thinking about?
- What is the most interesting thing you learned at school today?
- Who did you sit by at lunch today?
- What did you do that made someone smile today?

If in the context of your conversations your child shares something we need to know about or you would like help/support in navigating please be in contact as we are at our best when working in partnership.

Blessings,

Kathy | 949-698-3350 | kathy@activ8learning.com

Weekly wrap-up

activ8
academy

May 14, 2021

1st Grade Robots & Butterflies



Scholar Jay in Ms E's class taught his classmates a lesson on robots. Ms Romos class made symmetrical butterfly paintings.

3rd Grade Artists



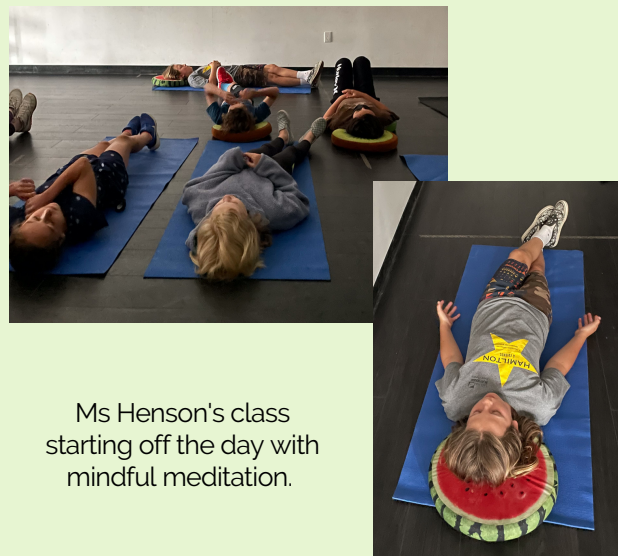
3rd grade learned about the Pegasus in literature and today they got to draw their own.

2nd Grade Grass Heads



The kids grew "grass heads" from seeds. They were asked to predict which way the "hair" would grow depending on how it was laid in the light. Their "hair" is still growing at home!

4th Grade Meditators



Ms Henson's class starting off the day with mindful meditation.

Weekly wrap-up

activ8
academy

May 14, 2021

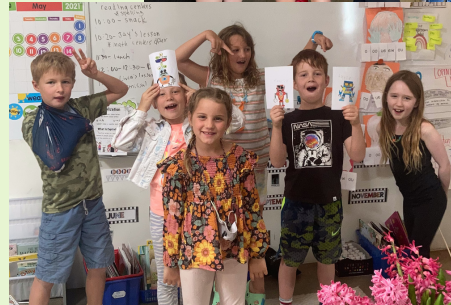
activ8 summer

Check out our Small Group Week-Long Camps!

Summer Bridge
Summer Writing Workshop
Pragmatics, Social Skills & Ex Functioning
Adventure Island Science Camp
Mindful Art Camp

Monday-Thursday 9am-12pm
Week of July 12, 19, 26

Register with Ellen at the Front Desk



Luelle and Livia's Last Day

The classes had sweet good-bye parties for Luelle and Livia, who are moving to Texas. We will miss them dearly but are equally excited for their families awaiting adventure!

It's the Last Week to Order Yearbooks!

Commemorate "The Year We Survived a Pandemic" with your very own Activ8 Academy softbound yearbook.

Cost is **\$40**

Orders must be placed before **May 21st**
Email your order to Ellen at the front desk:
info@activ8learning.com

Nourish Every Child

We hit our goal of \$400.00 with a donation of \$8.25 per student.

Please bring your donations in!
Don't forget to take pictures of your fundraising efforts, we would love to see and share them!



SCAN ME

Mark Your Calendars:

- May 31st: Memorial Day - **No School**
- June 4th: End of year conferences
- June 11th: Last Day of School



Want more Academy Pictures?

Follow us on FB and IG!

@activ8learningcenter

